

## **Armour of God – Sword of the Spirit**

God has given you His whole armour, to protect you from head to toe. What have we looked at so far?

The belt of truth

The breastplate of righteousness

The Shoes of the gospel

The Shield of faith

The helmet of salvation

This week let's look at the sword of the spirit

Read Ephesians 6:11-17

Put on all of God's armour so that you will be able to stand safe against all strategies and tricks of Satan. For we are not fighting against people made of flesh and blood, but against persons without bodies—the evil rulers of the unseen world, those mighty satanic beings and great evil princes of darkness who rule this world; and against huge numbers of wicked spirits in the spirit world. So use every piece of God's armour to resist the enemy whenever he attacks, and when it is all over, you will still be standing up. But to do this, you will need the strong belt of truth and the breastplate of God's approval. Wear shoes that are able to speed you on as you preach the Good News of peace with God. In every battle you will need faith as your shield to stop the fiery arrows aimed at you by Satan. And you will need the helmet of salvation and the sword of the Spirit—which is the Word of God.

### **Have a chat**

What is a sword used for? fighting, battles, protection

How could you become an expert swordsman(woman) practice regularly

A sword isn't actually armour, it is a weapon

### **So what is the sword of the spirit**

What does the sword represent?

The sword is the word?

The sword is the word of God – the Bible

When things go right or wrong we need to refer to the Bible?

Use the Bible to help us.

In the same way that you need to practice to be an expert with a sword we need to read the Bible and remember the words that we use or what we talk about on a Sunday morning. We need to use it when we find things difficult or when we think we might do something that we shouldn't.

A soldier needs to take care of and handle his sword with respect, keep it clean, sharp and close by at all times. In the same way we need to handle our bible with care – keep it clean, not leave it lying around, getting dusty and carried carefully. We also need to listen when it is being read,

### **Song**

Song to Heads, shoulders knees and toes

Sing it through, then remove one piece of armour at a time; last time sing it with all the armour back in and really fast

Now work on adding actions for each of the pieces of armour

Belt, breastplate, shoes and shield,

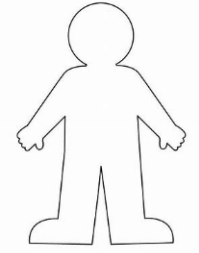
Helmet and sword,

Belt, breastplate, shoes and shield,  
Helmet and sword,  
This is the armour of our Lord,  
Belt, breastplate, shoes and shield,  
Helmet and sword.

### **Craft**

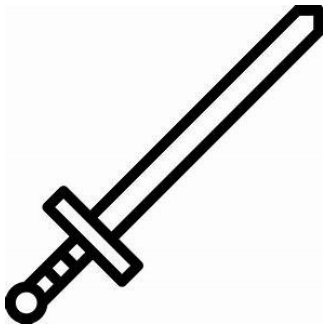
If you have a roll of spare wallpaper draw around someone and each week draw on a piece of God's armour

Or draw an outline like the one below and draw on the armour each week



### **Sword of the spirit**

Make a bookmark in the shape of a sword.



### **Prayer**

Pray that God will help you remember that the armour is there and what it's used for so you can fight the bad with the good. We ask you to help us learn and obey His Word and be fully prepared for the battle we face every day against sin. Amen